



01204 309206

Mandalay Patients' Newsletter

May 2024

Welcome to your practice May patient's newsletter

We hope all of our patients will start to enjoy the lighter nights and slightly warmer weather. Here's an overview of our news from the past month and some news moving forwards.

NHS Pharmacy First Scheme offered from community pharmacies

Patients can now get treatment for seven common conditions directly from their local pharmacy, without the need of a GP appointment or prescription.

The Pharmacy first scheme was launched by the government and NHS England on 31st January 2024

What are the common Conditions?

- Sinusitis
- Sore Throat
- Earache
- Infected Insect Bites
- Impetigo (a bacterial skin infection)
- Shingles
- Uncomplicated urinary tract infection in women

How can I access treatment from my pharmacy?

You can get treatment for these conditions by walking into the pharmacy or contacting them virtually. GP receptionists, NHS 111 and providers of emergency care will also be able to direct patients to pharmacies that offer the service, if contacted.

Mental Health Awareness Week, 13-19 May 2024

Lets Talk !!

5 Steps to improve your mental wellbeing

- Reach out to other people
 - Keep Learning
- Eat and Drink Healthy
- Control Screen Time
 - Keep active

Useful Contacts

Under 25s	Over 25s	Parents
<p>YOUNGMINDS Crisis Messenger <small>powered by shout 85258</small></p> <p>Text YM to 85258 Open 24/7</p>	<p>mind for better mental health</p> <p>Call 0300 123 3393 9am - 6pm, Mon - Fri</p>	<p>YOUNGMINDS Parents Helpline</p> <p>Call 0808 802 5544 9:30am - 4pm, Mon - Fri</p>
<p>THE MIX</p> <p>Call 0808 808 4994 3pm - 12am, every day</p>	<p>SAMARITANS</p> <p>Call 116 123 Open 24/7</p>	
<p>childline ONLINE, ON THE PHONE, ANYTIME</p> <p>Call 0800 1111 7:30am - 3:30am, every day</p>		

For more advice and information
visit: youngminds.org.uk/find-help

DID NOT ATTEND!

115 patients didn't attend their routine pre booked appointment in April.

13 patients didn't attend their Emergency appointment in April.

If you are unable to attend your appointment please let the surgery know, we can then allow another patient to be seen in your place.

Each missed GP appointment costs the NHS an average of £30 per person (Source: NHS). This figure quickly adds up the more that appointments are missed.



GP appointment?
Can't make it?
Don't need it?

CANCEL IT!

Practice Information

Prescriptions

Where possible the preferred method to order would be via email to gp.p82023@nhs.net. Alternatively requests can be made in writing and placed in the box in reception.

Turton PCN

Did you know that you can book appointments with multiple different clinicians at other surgeries. Please ask reception for more information.

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